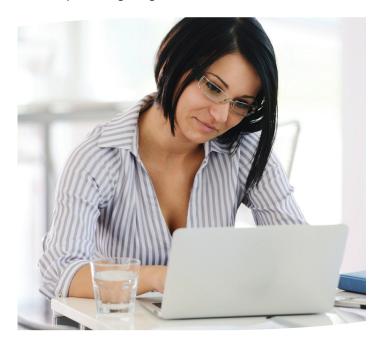
ARE YOU REGISTERED?

Are you registered on your member website? If not, take a couple of minutes to complete an online form and choose a login ID and password. Your information will process promptly.

These couple of minutes will be time well spent. Your member website gives you all kinds of tools and programs to help you:

- Understand your health status, learn what you're doing right and where you need to improve.
- Better manage all aspects of a chronic health condition.
- Enhance your health and wellness habits.
- Get quality information and patient reviews on health care providers.
- Share your own experience with health care providers.
- · Get estimated cost information on common health care procedures and surgeries.
- Access important medical information to make informed care decisions.
- Learn about healthy alternatives to high-cost, high-risk surgeries.
- · Review recommended preventive care for all members of the family, at every stage of health.

- Save money on prescription drugs, lab services and urgent care.
- Get the tools you need to reduce stress, eat healthy, get fit and stop smoking, for good! And lots, lots more!



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icine services.

services and does not provide Blue Cross and/or Blue Shield leladoc is an independent company that provides telemedicine

tions are available during the hours of 7 a.m. to 9 p.m., 7 days a week. *Teladoc makes available access to consultations to its doctors for

may be requested when traveling abroad for medical advice only. of their potential for abuse. Teladoc physicians reserve the right to peutic drugs and certain other drugs, which may be harmful because Teladoc does not prescribe DEA-controlled substances, non-thera-

egulation and may not be available in certain states. not replace the primary care physician. Teladoc does not guarantee that a prescription will be written. Teladoc operates subject to state Teladoc and the Teladoc logo are registered trademarks of Teladoc,

Blue Cross and Blue Shield Association.



















Log In or Register

WELCOME



HOW TO MAKE THE MOST OF YOUR MEMBER WEBSITE!





Access helpful **health care tools** to manage your care costs, choose the right providers and plan for your care.



FIND A PROVIDER

Locate primary care doctors, specialists, hospitals, imaging and surgery centers, urgent care centers, pharmacies near you. Get quality information about providers. Check out the Patient Experience Reviews and write one of your own.



CARE COST ESTIMATOR

Get cost estimates and quality information on more than 1,600 surgical and imaging procedures, lab tests and office visits to help you shop for the best value.



PRESCRIPTION SERVICES

Manage your prescription coverage, find pharmacies near you, view your prescription history, update your contact information, and more with your Highmark prescription coverage.

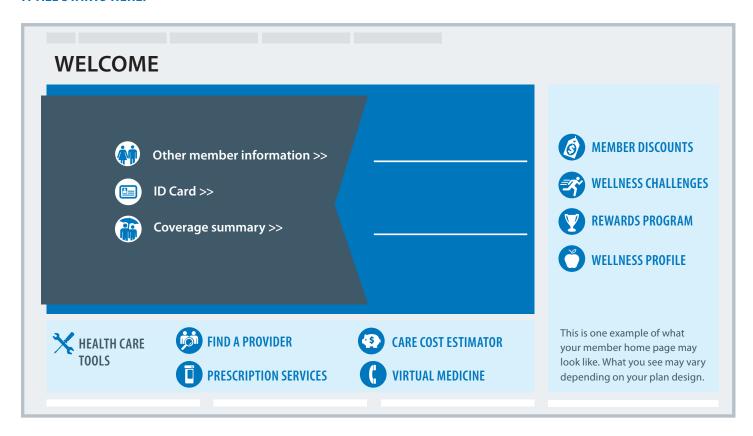


VIRTUAL MEDICINE

Access Teladoc® to talk to a board-certified doctor for help with common health issues anytime* and anywhere.

YOUR MEMBER HOME PAGE:

IT ALL STARTS HERE!



QUICK LINKS



OTHER MEMBER INFORMATION

Check your member information and account settings, update your member profile, change your password, manage your site preferences, and more.



ID CARD

View and print your virtual ID card.



COVERAGE SUMMARY

Get information about your benefits, access your benefit booklet and more.



Review your claims to see:

- Current claims.
- Payment status.
- Claims and payment history.

Get information about our wellness programs to help you save money while living healthier.



MEMBER DISCOUNTS

Enjoy discounts on a variety of products, events and services.



WELLNESS CHALLENGES

Complete a challenge to start and maintain healthy habits.



REWARDS PROGRAM

Get information on how you can earn rewards.



WELLNESS PROFILE

Complete your Wellness Profile, and you'll receive the following:

- Health assessment Find out where you stand with your health today and learn where and how you can improve.
- Risk report Learn about where your health needs the most attention.
- Personalized action plan Get a plan customized to your unique needs.